



Inequity, how to bridge the gap in care for children with a rare condition?

Liesbeth Siderius, pediatrician



Equity: fairness and justice



Introduction

- **(Dis)abled child**

Rare is common

- **The Diagnosis**

Accessibility

- **Universal Health Coverage**

Affordability and availability

- **Leave no child behind**

Universal global child health



Rare is Common

Just normal People



22qdeletion

The Family



Skeletal Dysplasia

At work



**Fibrodysplasia
Ossificans Progressiva**

Study
Animal Science



Pediatrics September 5, 2009



NGO Committee for Rare Diseases

#3 “Ensure healthy lives and promote well-being for all ages”.

2016

The United Nations has emphasized the need to:

- end preventable deaths of new-borns and children under five
- end avoidable mortality caused by non-communicable diseases
- achieve universal health coverage
- support the research and development of medicines





1 End Poverty in all its forms everywhere

3 Ensure healthy lives and promote well-being for all at all ages

4 Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

5 Achieve gender equality and empower all women and girls

#10 Reduce inequality within and among countries

#17 Revitalize the global partnership for sustainable development



CUNICEE/UN040894/SHUBUCK

#ADay4All

Most rare and disabling conditions
manifest in early childhood

2010





Aims to



- act as an open forum to collect, share and disseminate information and research

Training in pediatric health and social care





With 5 billion set to miss out on health care, UN holds landmark summit to boost coverage

“If we are really serious about achieving [universal health coverage](#) and improving people’s lives, we must get serious about primary health care,” declared, Tedros Adhanom Ghebreyesus, WHO Director-General, at the launch of the report.

“That means providing essential health services like immunization, antenatal care, healthy lifestyle advice as close to home as possible, and **making sure people do not have to pay for this care out of their own pockets.**”

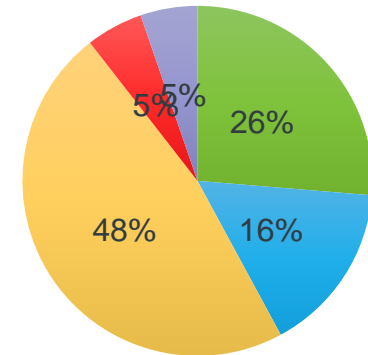
22 September 2019 UHC report United - Nations News



Universal Health Coverage, leave no child behind



Pediatricians working in:



- Primary care
- Secondary care
- Tertiary care
- Trainee
- Other

European Pediatric
Network Rare Diseases
Questionnaire
October- November 2019

Response 38 ; 24 countries

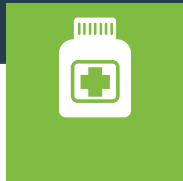




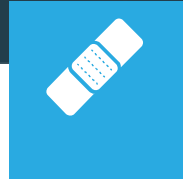
KEEP THE PROMISE:
**LEAVE NO
ONE BEHIND**

12.12.2019 | UHCDAY.ORG

#HealthforAll



**Accessible
Diagnostics**



Quality Information



**Training
Primary Care**



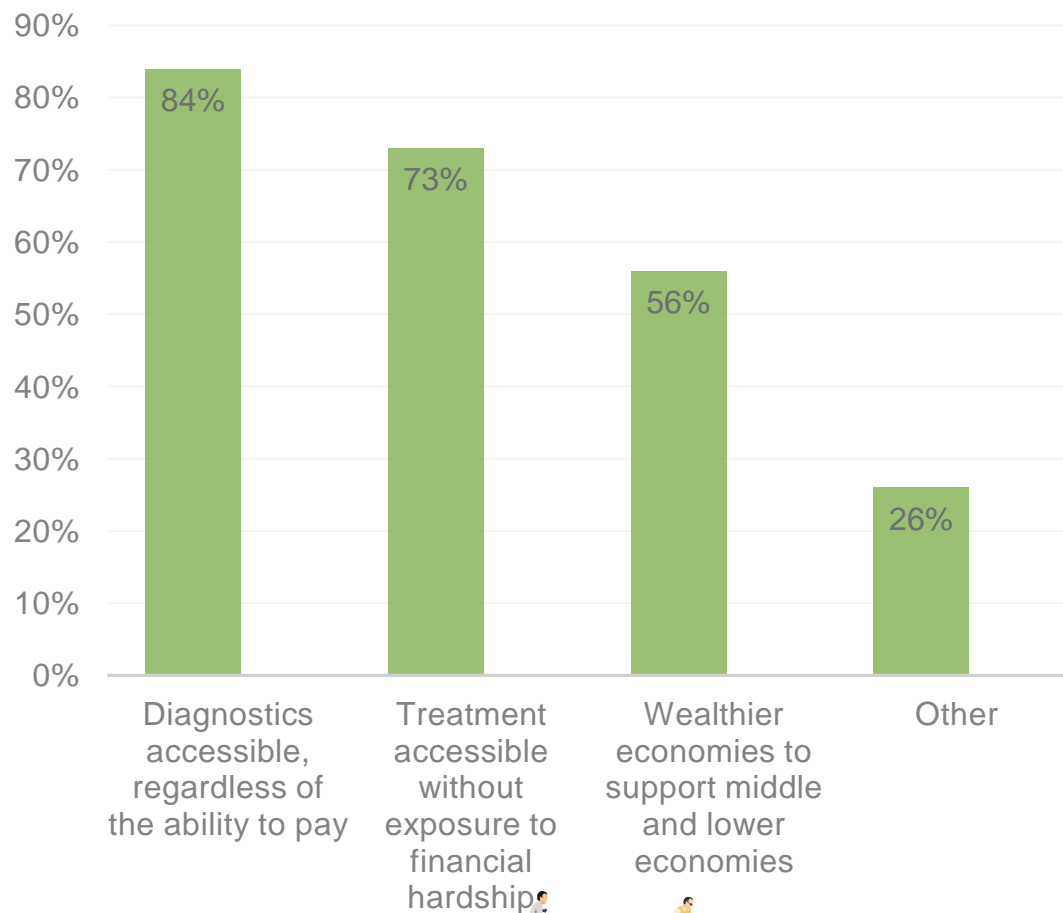
Data exchange





Strengthen efforts to address... **rare diseases** ...as part of Universal Health Coverage (**UHC nr 34**)

What global action would be necessary?

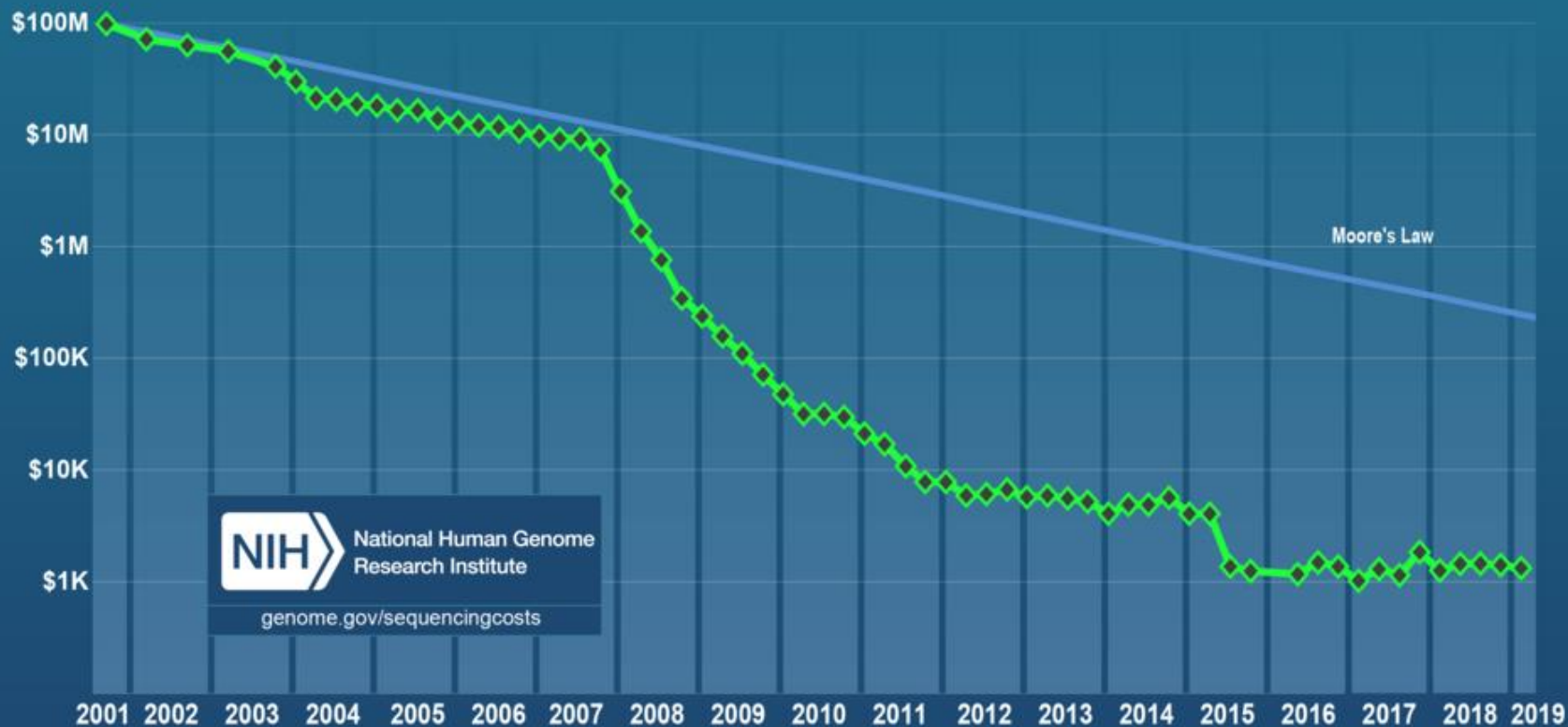


Evolution of the cost of sequencing a human genome from 2001 to 2019

3 GOOD HEALTH
AND WELL-BEING

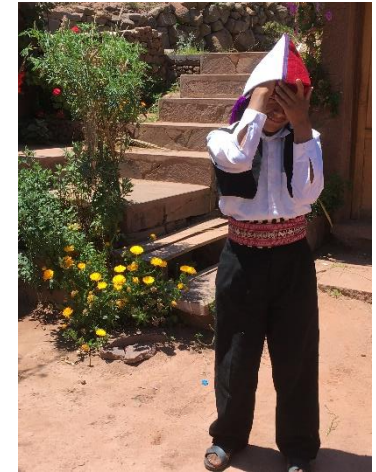


Cost per Genome



Leave no one behind

Keep the promise



The Netherlands

Day Centre
Coffin
Lowrey
Syndrome

Sri Lanka

Pediatric Clinic
To be diagnosed

Georgia

Abandoned
Undiagnosed

Peru

Living with family
In rural village
'Birth trauma'



SUSTAINABLE
DEVELOPMENT
GOALS



Time Pediatrics September 5, 2020

**World wide children are measured,
examined, developmental screened, and
vaccinated in
Preventive child health**





World Health Organization

Home-based records

Early recognition

WHO recommendations on home-based records for maternal, newborn and child health*

Web annex A. Evidence base (GRADE and CERQual profiles)

* The full guideline document is available at:
<http://apps.who.int/iris/bitstream/handle/10665/214171/9/9789241505052-eng.pdf>



Stages of Growth (Development Milestones)

It is important to follow your child's growth. There are a few signs that can help you follow the growth and development of your child from birth to 5 years.

Look out for these signs

A child might have a problem in these areas when the child shows any of the following behaviours/signs.

Hearing - if the child:

- Does not turn towards the source of new sounds or voices
- Has frequent ear infection, (discharge from ear, earache)
- Does not respond when you call unless he/she can see you
- Does not talk or talks strangely.



Seeing - if the child:

- Has red or discharging eyes
- Has a cloudy appearance of the eyes
- Frequently rubs eyes and say they hurt
- Often bumps into things while moving around
- Hold head in an awkward position when trying to look at something
- Has eyes which sometimes or always look in different directions (squints)
- Has a white spot in the eye.



Ghana



Disabled child

Children living with the diagnosis

- autism,
- developmental delay,
- cerebral palsy,
- epilepsy,
- hearing deficits,
- visual impairment

may very well have a

rare condition with

➤ specific health risks and treatment.



Causes of Autism

WHOLE – EXOME sequencing



In this study, we performed whole-exome sequencing on 120 **Autism Spectrum Disorder** cases and identified three missense mutations in coding regions of the **MECP2** gene. > **RETT Syndrome**

Biomarker Research Read the latest articles BMC

BMC Part of Springer Nature Explore Journals Get Published About BMC

MA Molecular Autism

Home About Articles Submission Guidelines

Abstract Background Methods Results Conclusions Discussion Declarations References

Research | Open Access

Identification of autism-related *MECP2* mutations by whole-exome sequencing and functional validation

Zhu Wen, Tian-Lin Cheng, Gai-zhi Li, Shi-Bang Sun, Shun-Ying Yu, Yi Zhang ✉, Ya-Song Du ✉ and Zilong Qiu ✉

We use cookies to personalise content and ads, to provide social media features and to analyse our traffic. We also share information about your use of our site with our social media, advertising and analytics partners in accordance with our [Privacy Statement](#). You can manage your preferences in 'Manage Cookies'.



GENE Panels

Epilepsy

Gene panels

(Continued)

☐ Epilepsy full gene panel (EPI00v18.1; 200 genes)

AARS, ACTL6B, ADSL, ALDH7A1, ALG13, AMT, ANKRD11, AP3B2, ARHGEF9, ARV1, ARX, ASAH1, ATAD1, ATP1A2, ATP1A3, ATP6AP2, ATRX, BRAT1, CACNA1A, CACNB4, CASK, CDKL5, CERS1, CHD2, CHRNA2, CHRNA4, CHRN2, CLCN4, CLN3, CLN5, CLN6, CLN8, CNKSR2, CNTNAP2, COQ4, CPT2, CSNK2B, CTNND2, CTSD, CUL4B, DCX, DENND5A, DEPDC5, DNAJC5, DNMT1, DOCK7, DYRK1A, EEF1A2, EPM2A, FGD1, FLNA, FOLR1, FOXG1, FRRS1L, GABRA1, GABRA3, GABRB3, GABRG2, GAMT, GCSH, GLDC, GLRA1, GLRB, GNAO1, GOSR2, GPC3, GPHN, GRIA3, GRIK2, GRIN1, GRIN2A, GRIN2B, GRIN2D, GRN, HCFC1, HCN1, HNRNPU, HSD17B10, HUWE1, INTS8, IQSEC2, IRF2BPL, KCNA2, KCNB1, KCNC1, KCND3, KCNH1, KCNJ10, KCNMA1, KCNQ2, KCNQ3, KCNQ5, KCNT1, KCTD7, KDM5C, KIAA2022, KMT2A, KPNA7, LGI1, MBD5, MDH2, MECP2, MED12, MEF2C, MFSD8, MOCS1, MOCS2, MTHFR, mTOR, NAPB, NBEA, NHLRC1, NPRL2, NPRL3, NRXN1, NSDHL, OFD1, OPHN1, PAK3, PCDH19, PGAP1, PHF6, PHGDH, PIGA, PIGN, PIGO, PIGT, PLCB1, PLP1, PNKP, PNPO, POLG, PPP3CA, PPT1, PQBP1, PRICKLE1, PRICKLE2, PRIMA1, PRRT2, PSAT1, PSPH, PURA, QARS, RAB39B, RAI1, RANBP2, RELN, RNASEH2A, RNASEH2B, RNASEH2C, ROGDI, RPS6KA3, SAMHD1, SCARB2, SCN1A, SCN1B, SCN2A, SCN8A, SHANK3, SIK1, SLC12A5, SLC13A5, SLC19A3, SLC1A3, SLC25A22, SLC2A1, SLC35A2, SLC6A1, SLC6A5, SLC6A8, SLC9A6, SMC1A, SMS, SNAP25, SON, SPTAN1, ST3GAL3, STX1B, STXBP1, SYN1, SYNGAP1, SYNJ1, SYP, SZT2, TBC1D24, TBCE, TBCK, TCF4, TPP1, TREX1, TRIO, UBA5, UBE2A, UBE3A, UGDH, WDR45, WWOX, YWHAG, ZDHHC9, ZEB2

STBXP-1

☐ Inflammatory epilepsy* (EPI10v17.1; 3 genes)

CPT2, RANBP2, SCN1A

Copy number analysis*: ☐ SCN1A

☐ Epilepsy with paroxysmal disorders* (EPI08v18.1; 11 genes)

ATP1A2, ATP1A3, CACNA1A, KCNA2, KCNMA1, PRRT2, SCN1A, SCN8A, SLC1A3, SLC2A1, CTNND2

Copy number analysis*: ☐ SLC2A1

Epilepsy

Single gene | Sequence analysis

- ☐ Autosomal dominant lateral temporal lobe epilepsy (ADLTE) LGI1
- ☐ Benign familial infantile seizures type 2 (BFIS2) PRRT2
- ☐ Benign familial neonatal seizures (BFNC)[§] KCNQ2[§]
- ☐ Benign familial neonatal seizures (BFNC)[§] KCNQ3[§]
- ☐ Benign familial neonatal-infantile seizures (BFNIS) SCN2A
- ☐ Cortical dysplasia-focal epilepsy syndrome (CDFE) CNTNAP2
- ☐ Dravet syndrome (SMEI/SMEB)[§] SCN1A[§]
- ☐ Early infantile epileptic encephalopathy type 1 (EIEE1)[§] ARX[§]
- ☐ Early infantile epileptic encephalopathy type 2 (EIEE2)[§] CDKL5[§]

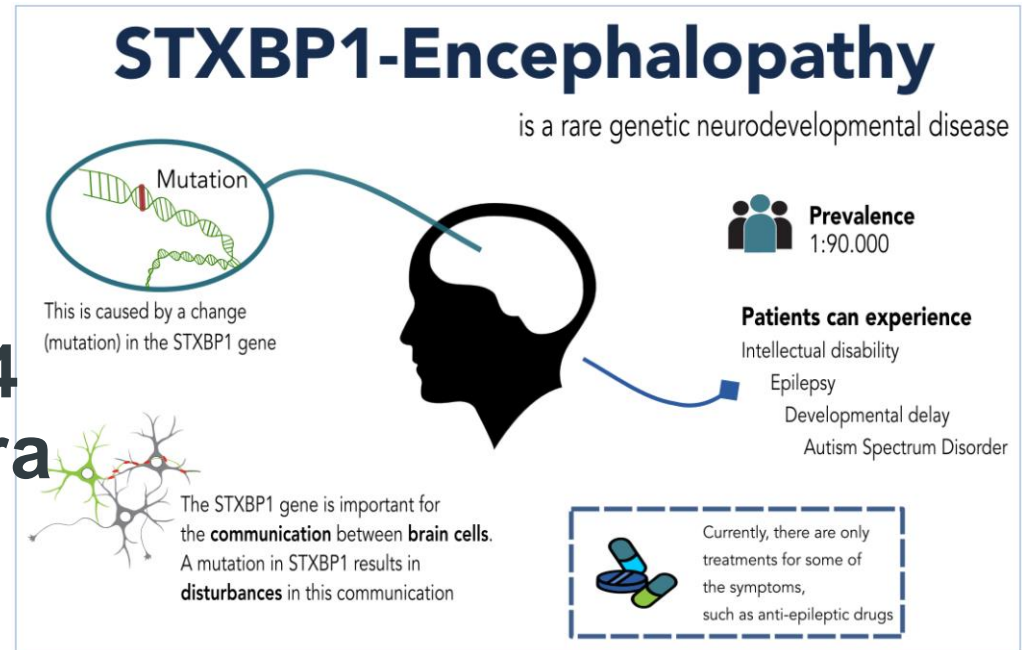


At 2 month boy

Seizures : abnormal EEG
generalized **epilepsy**

MRI normal

STXBP1; epileptic
encephalopathy type 4
OMIM #612164/ Otahara
syndrome



Vaccination risk?



Whole Genome Sequencing, or WGS for short, is literally knowing all the letters of a person's DNA in the proper sequence. But knowing the letters is just the first part of the equation. The tricky part is interpreting, or analyzing, what those letters mean.

www.veritasgenetics.com/myGenome

If you printed all your DNA
(6.4 billion letters), it would fill
4,200 books*

23andMe
looks at
less than 1%
of your DNA
(equivalent to
180 pages)

Veritas
sequences your
whole genome
(equivalent to
4,200 books)

* Assuming that a book, like Darwin's *Origin of Species*, has 500 pages.

10 REDUCED
INEQUALITIES



And this matters because having
your **whole genome** sequenced means:

1. More Useful Info

90%+ of relevant DNA
is distributed across
your genome

2. More Actionable Insights

Make better health &
lifestyle decisions with
clinical-grade results

3. A Resource for Life

Sequence your genome
once and learn more
and more as science
progresses



Global Child Health

Measure
Head circumference



DCC gene mutation p.(Val1117Met) p.(Thr1339Ile) The Netherlands

Pathogenic mutation ?

DCC gene mutations are associated with congenital mirror movement disorder



Coordinated Care

- developmental delay
- early loss of teeth

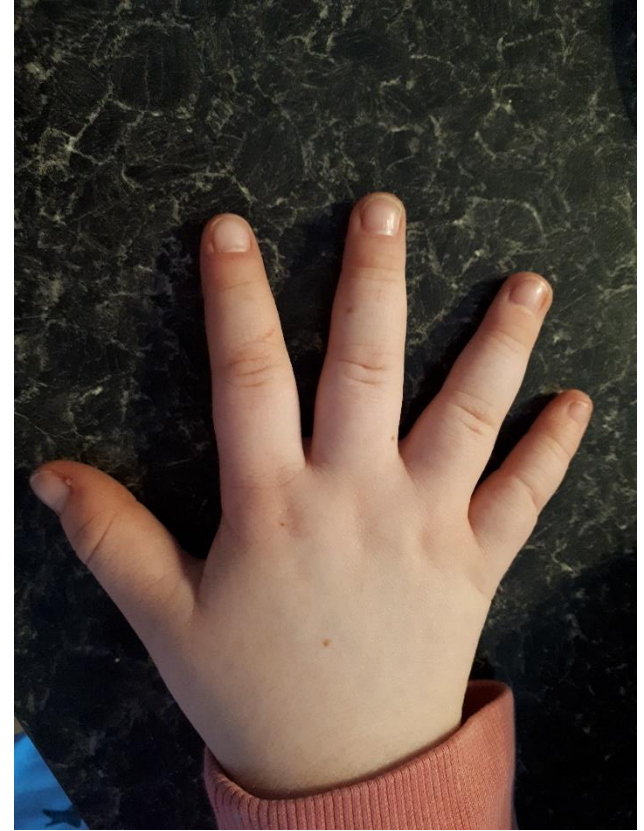
Exom screening, genes related to developmental delay:

Gene RPSKA3: mutation c.1198C>T

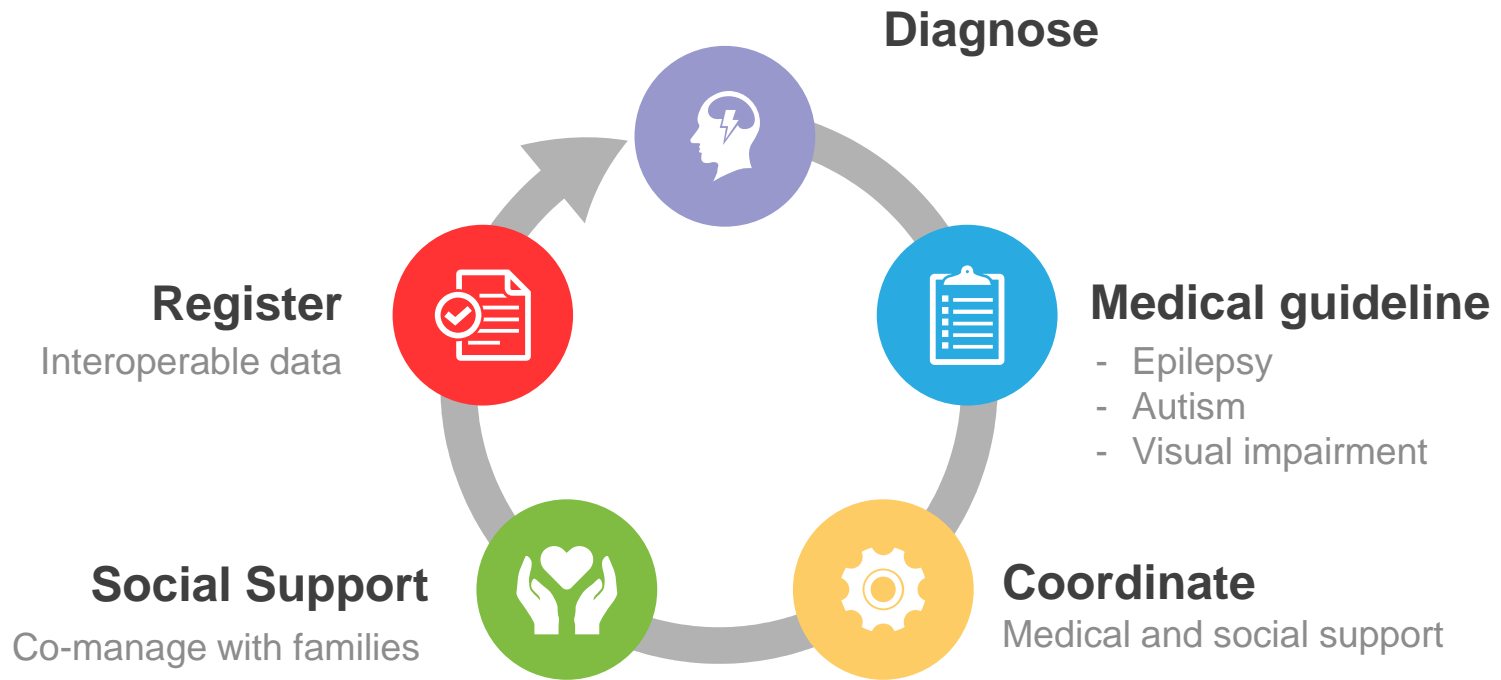
Coffin Lowry Syndrome

- progressive kyphosis/scoliosis
- sensorineural hearing defect .
- cardiac evaluation
- sudden loss of muscle tone induced by unexpected tactile or auditory stimuli and epilepsy.

The Netherlands

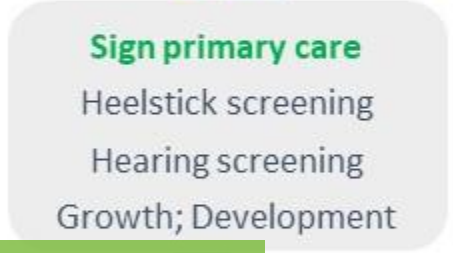
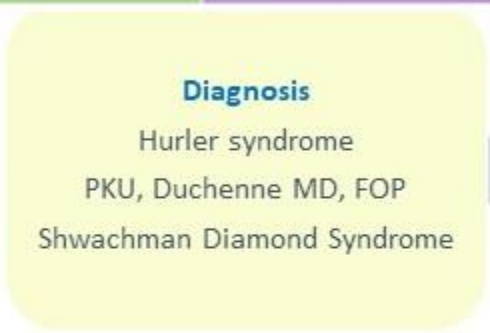


Collaborate and improve



Patient Information	Primary Care	Diagnosis Collaborative care	Social Services
www.shwachman.nl https://rarecare.world	Growth retardation Recurrent infections (LOINC)	Guideline SDS (Orphanetcode; SNOMED, ATC e.a.)	Recurrent illness Fatigue, Short (ICF-CY; ISO 9999)

Stichting Shwachman syndroom Support Holland



Codification	Meaning
ICD & Orpha code	International Code of Diseases / Orphanet code
ICF (-CY) 	 <p>The <i>International Classification of Functioning, Disability and Health for Children and Youth (ICF-CY)</i> is a derived version of the <i>International Classification of Functioning, Disability and Health (ICF, WHO, 2001)</i> designed to record characteristics of the developing child and the influence of environments surrounding the child .</p>
LOINC 	A universal code system for tests, measurements, and observations.
ATC 	The purpose of the ATC/DDD system is to serve as a tool for drug utilization research in order to improve quality of drug use.
ISO 9999 	ISO 9999:2011 establishes a classification of assistive products, especially produced or generally available, for persons with disability.
HPO 	The Human Phenotype Ontology (HPO) provides a standardized vocabulary of phenotypic abnormalities encountered in human disease.



LOINC

The international standard for identifying health measurements, observations, and documents.

Interoperable codes in care

Local Code^Local Name^Code System | LOINC code^LOINC name^Code System

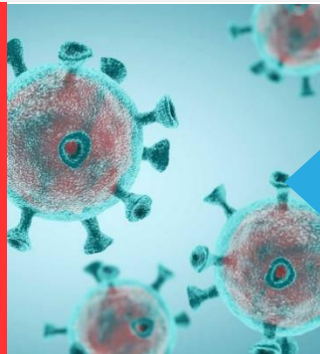
```
OBX|2|NM|123^WBC^HSP_A026464-8^Leukocytes [# /volume] in Blood^LN|10.8|K/MM3|F|
OBX|3|NM|234^RBC^HSP_A026453-1^Erythrocytes [# /volume] in Blood^LN|4.82|MIL/MM3|F|
OBX|4|NM|545^HGB^HSP_A0718-7^Hemoglobin [mass/volume] in Blood^LN|15.1|G/DL|F|
OBX|5|NM|456^HCT^HSP_A020570-8^Hematocrit [Volume Fraction] of Blood^LN|45%|F|
```

Notice how the result value and units have their own places in the message



Goldenhar's
Abnormal ear

HP:0008551



Immunodeficiency

LOINC
94500-6
SARS



Coffin Lowry's
Tapered fingers

HP:0001182

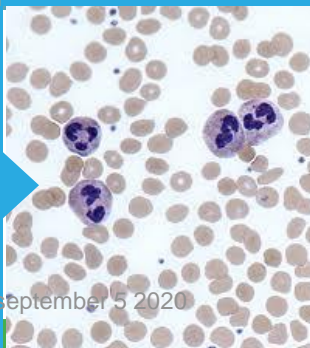
**Measuring
Head
Circumference**

LOINC
8287-5



Neutropenia

LOINC
751-8
Neutrophils



Shwachman DS

ATC
.A09AA02
Pancreatine



Rare diseases seriously impact everyday life

7 in 10 patients & carers

reduced or stopped professional activity due to their or their family member's rare disease.



8 in 10 patients & carers

have difficulties completing daily tasks (household chores, preparing meals, shopping etc.)



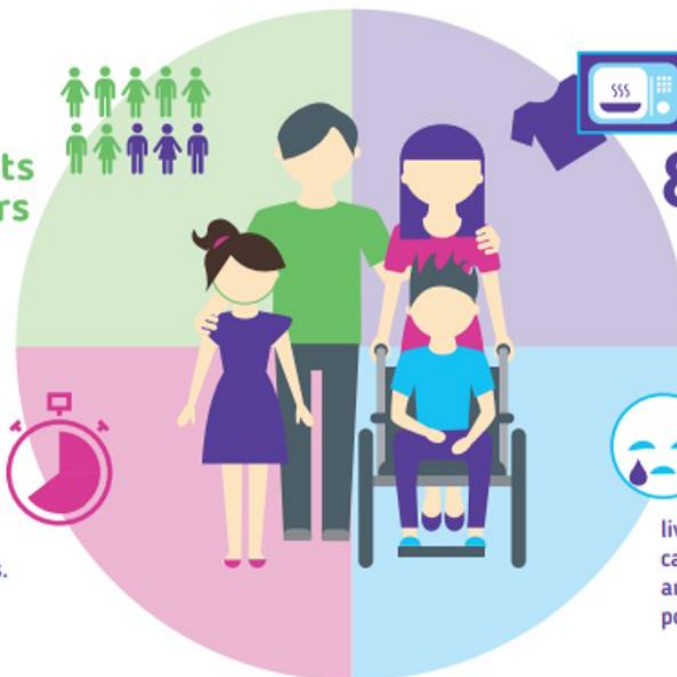
2/3 of carers

spend more than 2 hours a day on disease-related tasks.



3 times more people

living with a rare disease and carers report being unhappy and depressed than the general population*



A EURORDIS INITIATIVE

Rare Barometer Voices is a EURORDIS-Rare Diseases Europe online survey initiative. It brings together over 6,000 patients, carers and family members to make the voice of the rare disease community stronger. Results are shared with policy decision makers to bring about change for people living with a rare disease.



Thank you to all Rare Barometer Voices participants and partners!

www.eurordis.org/content/contribute-rare-barometer-programme

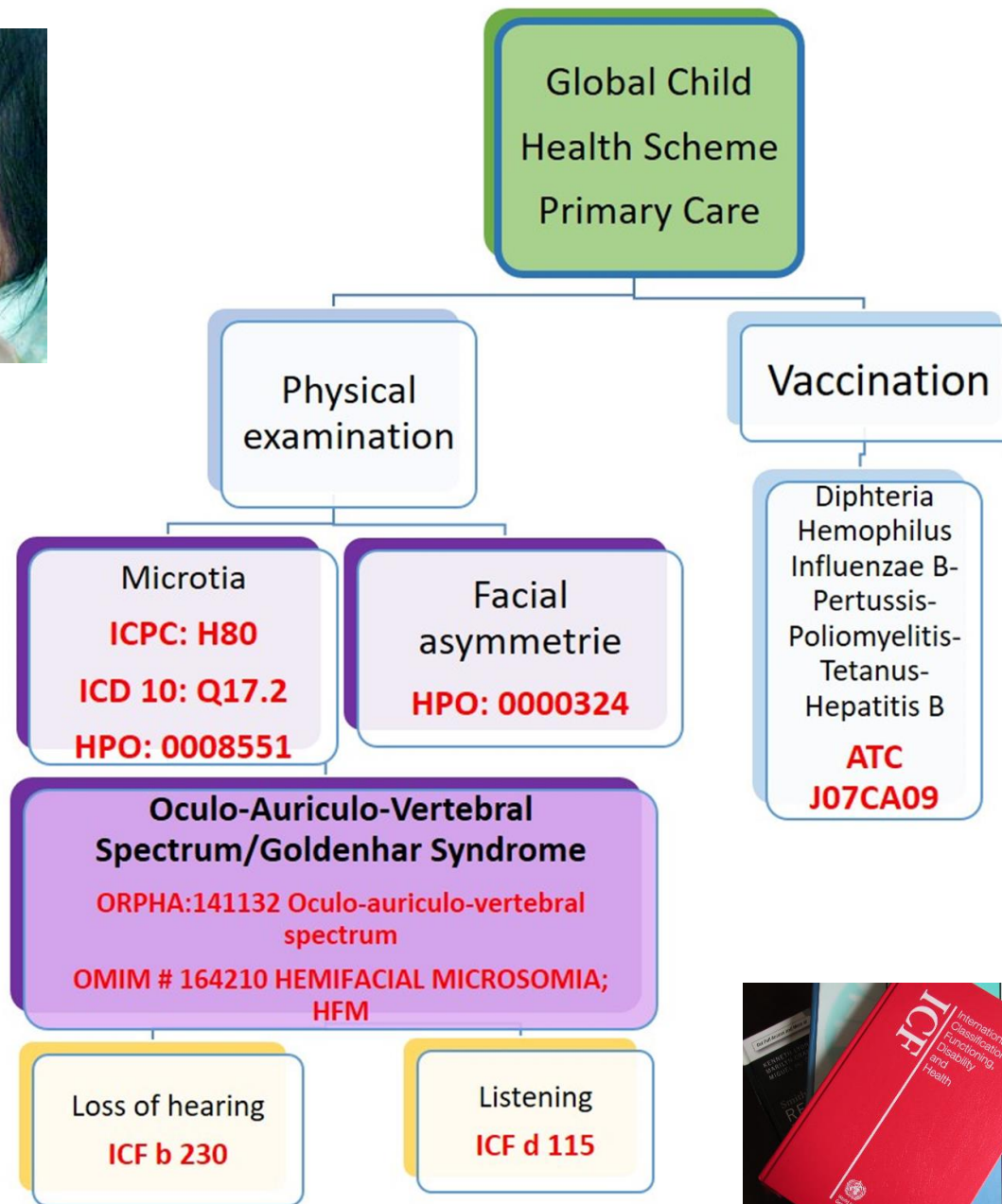
3,071
people responded to the survey.

The survey was conducted in

23 languages
42 countries

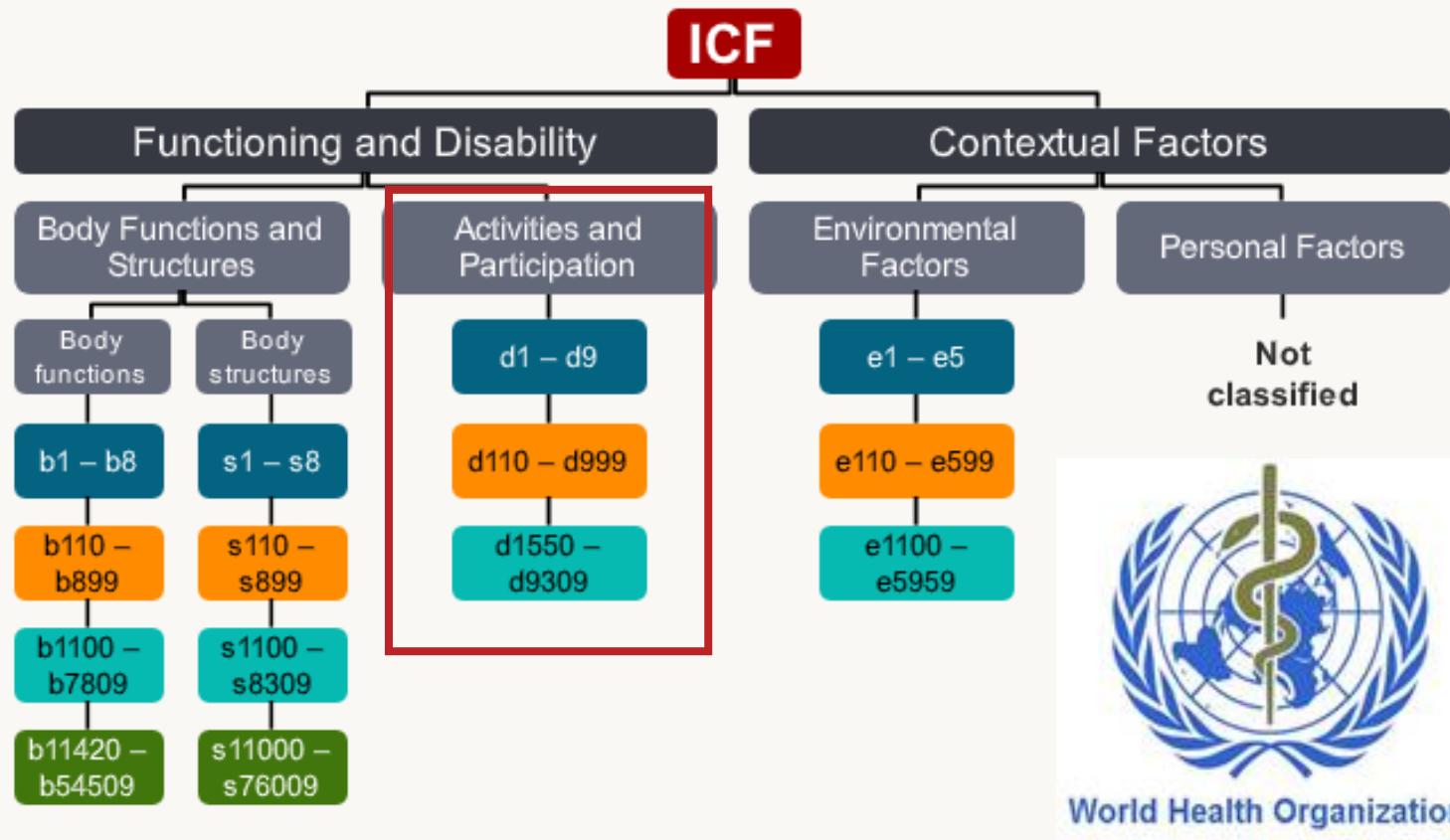
For more information visit
eurordis.org/voices or email
rare.barometer@eurordis.org



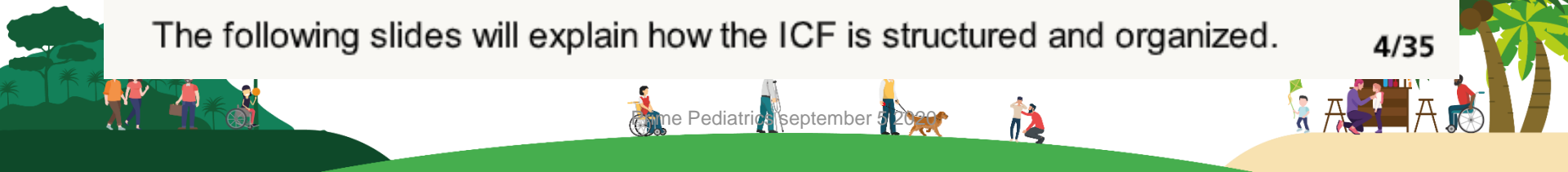


The structure and codes of the ICF

The ICF does this as well. In the ICF, ICF categories are like the geometrical objects in the previous illustration. ICF categories are placed in similar groupings of health and health-related domains and are organized in a hierarchical manner.



The following slides will explain how the ICF is structured and organized.



ICF Qualifiers

The ICF Qualifiers for the **Body Functions and Structures, Activities and Participation** components classified in the ICF are quantified using the **same generic scale**.



XXX.0 NO problem (none, absent, negligible, ...)	0 – 4 %
XXX.1 MILD problem (slight, low, ...)	5 – 24 %
XXX.2 MODERATE problem (medium, fair, ...)	25 – 49 %
XXX.3 SEVERE problem (high, extreme, ...)	50 – 95 %
XXX.4 COMPLETE problem (total, ...)	96 – 100 %

XXX.8 not specified (the available information does not suffice to specify the severity of the problem, i.e. you know that it does not stand for a 0, but you have no information for deciding to apply a qualifier between 1 and 4)

XXX.9 not applicable (it is inappropriate or not possible to apply the code)

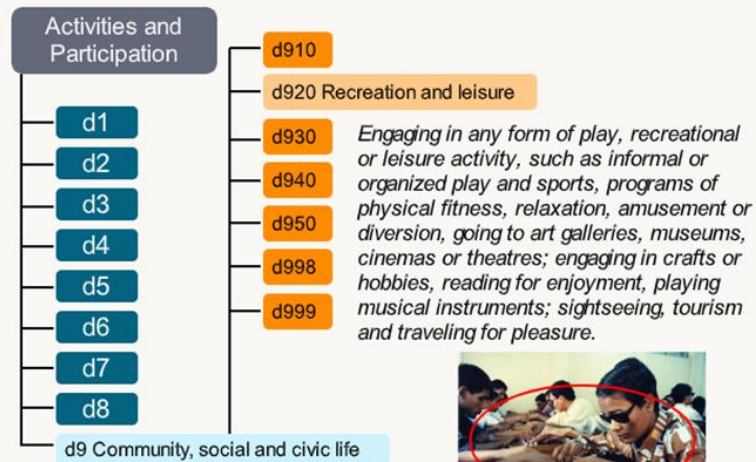


ICF d 920.0

Recreation and leisure

The structure and codes of the ICF

Categories at the 2nd level: Definition



28/35



Indian Mother and Childcare
Kolkata, 2020



X Linked semi dominant inheritance

The Coffin-Lowry gene (RPS6KA3) is located on the X chromosome (Xp22.2). Girls may express symptoms of CLS. Most of the persons with CLS are the...

Developmental in CLS

Developmental disability in Coffin Lowry syndrome is usually apparent at age 1-2years

Social Support

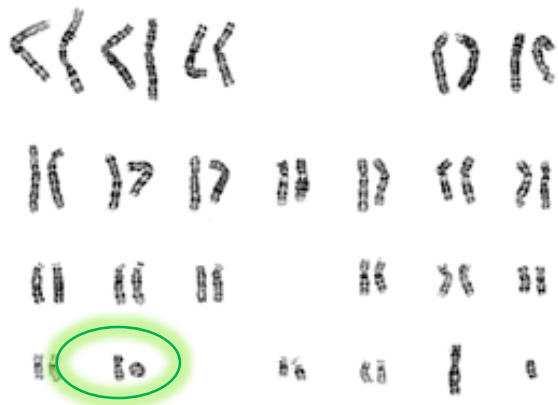
- d 132 Acquiring information
- d 160 Focusing attention
- d 240 Handling stress and other psychological demands
- d 571 Looking after one's safety
- d 570 Looking after one's health
- d 220 Undertaking multiple tasks
- d 230 Carrying out daily routine
- d 310 Communicating with - receiving - spoken messages
- d 330 Speaking
- d 155 Acquiring skills
- d 210 Undertaking a single task
- d 720 Complex interpersonal interactions



Epilepsy

ICF d132 Acquiring Information

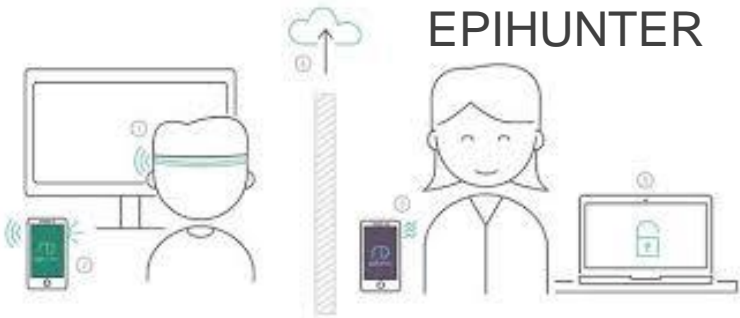
Mosaic ring chromosome 20
Analyze more karyotypes !



ICS > 11 > 11.180 > 11.180.01

ISO 9999:2016

Assistive products for persons with disability —
Classification and terminology



Fibula Hypoplasia

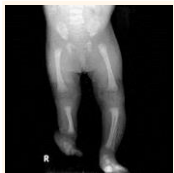
ICF International Classification, Functioning, Disability and Health



First Feature



Diagnosis
Fibula Hypoplasia



Medical Guideline



ICF : Body Functions & Structures

ICF: Activity
Participation

ICS > 11 > 11.180 > 11.180.01

ISO 9999:2016

Assistive products for persons with disability —
Classification and terminology



ISO

International Standards globally recognized guidelines and frameworks



Acknowledgement

- European Pediatric Rare Disease Network
- Consensus in Pediatrics and Child Health
- Forum Rare Diseases, Sri Lankan Pediatric Society
- Anjan Bhattacharya, Kolkata, India
- People with a rare condition and their families



Stichting Shwachman syndroom



Support Holland

<https://rarecare.world/>

Contact:

e.siderius@kpnplanet.nl



Just normal people



Advocaters

Goldenhar syndrome

Thalassemia

Chromosome abnormality

Shwachman Diamond Syndrome





Thank You
For Your Attention

