The POCUS Pre-congress course at the EAPS, Paris

SUMMARY

The Paediatric section of EUSEM, together with EAP, realised the first course on Point-Of-Care Ultrasound (POCUS) for paediatricians at the EAPS 2018. The session welcomed 33 paediatricians, from 12 different countries throughout Europe and the middle East, eager to further develop their knowledge and skills about POCUS. It is worth noting that 65% of the participants were novices in POCUS or had limited skills.

The two-days course was balanced between lectures and hands on sessions on young models. In small groups of five or six participants, the different instructors demonstrated the various techniques and guided the participants in their learning. The course covered most of the applications used in the daily practice as General Paediatrician or Emergency Paediatrician, such as musculoskeletal, soft tissue, lungs, focused cardiac and abdomen (pylorus stenosis, appendicitis and intussusception).

The first POCUS Pre-congress course results were overall very positive. Participants agreed the sessions were useful for their daily work, well distributed between theory and practice, and would appreciate to get further training in that matter. The paediatricians present claimed they felt confident to start with some easy application of POCUS and will most certainly seek for a supervisor in their department. They also seemed keen on recommending this kind of course to other colleagues.

In other words, it has been a good start for the EAP to dive in the world of POCUS. EAP therefore decided, together with the Paediatric section of EUSEM, to keep on POCUS-ing. We strongly believe the use of POCUS on a daily basis, will be the future in many fields of paediatrics.

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