

Medical care for migrant children in Europe

A practical recommendation for first and follow-up appointments



1

Ensure the child is **accompanied** by at least one parent or a responsible caregiver.

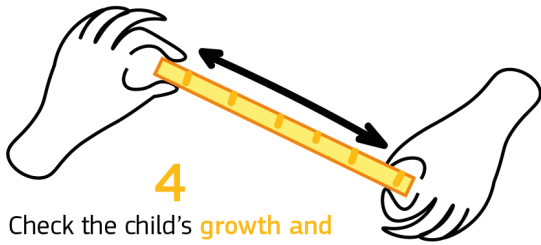


2

Check that the parent/caregiver can **communicate** competently or provide access to interpretation services if needed.

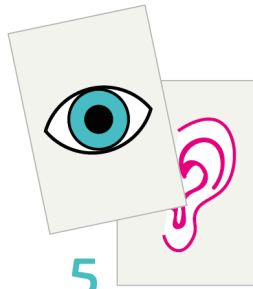
3

Ask about potential **health problems** from both the parent/caregiver and the child.



4

Check the child's **growth and development** and perform a **physical examination**.

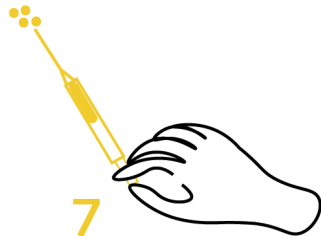


5

Perform a routine **vision and hearing** screen.

6

Specifically examine the **skin and oral cavities** and remain vigilant for signs of anaemia, scabies, impetigo, malnutrition, tooth decay and scars.



7

Check the child's **immunisation status** and if unknown or incomplete start catch up immunisation according to national recommendations as soon as possible.

8

Take a **blood sample** to measure haemoglobin (to check for anaemia and treat iron deficiency), HBV-antibodies (Hbs-Ag, anti-Hbs and anti-HBc).

In addition, measure Vitamin D (if signs of risk factors or nutritional rickets), Schistosomiasis serology and CCA urine test (if from sub-Saharan Africa), HIV serology and PCR (if from sub-Saharan Africa or known risk), malaria screen (if febrile), Strongyloides serology (if at risk of immunosuppression), Syphilis serology (if sexually active or abused) and HCV antibodies (optional).



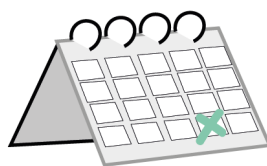
9

Perform a **tuberculosis screen** for latent infections followed by **chest x-ray** if positive on all migrant children under 5 years of age or those coming from high-endemic countries.



10

Start empirical treatment for **intestinal parasites** on children over 2 years of age and above 10 kg of weight.



11

Schedule a **follow up appointment** for review.

12

Provide the partner/caregiver with a **document** that includes information regarding the **health assessment and interventions**, in addition to storing a copy in the medical centre's records.

